

Video Requirements

Please submit one unedited video that includes the following:

Ballet Barre (One Side Only)

- Pliés
- Tendus
- Dégagés
- Rond de Jambe
- Fondu
- Frappé
- Adagio
- Grand Battement

Centre Work

- Tendus
- Adagio
- Pirouettes (en dehors and/or en dedans)
- Petit Allegro
- Grand Allegro

Pointe Work (Ladies)

Please include:

- Relevés
- Échappés
- Pirouettes
- One additional pointe combination that best demonstrates your strength and artistry

Men's Technique (Men)

Please include:

- Double tours (if applicable)
- Assemblé en tournant
- Large jumps
- Pirouettes

Classical Variation (Optional)

If you have a recent classical variation performance or competition video, you are welcome to include it as a separate video.

Attire

Ladies

- Solid-colored leotard
- Pink tights
- Ballet slippers
- Pointe shoes (for pointe work)
- Hair neatly secured in a ballet bun

Men

- White or black fitted T-shirt
- Black tights
- Ballet slippers

Filming Guidelines

- Videos should be recorded within the last 6 months.
- Record in a well-lit studio whenever possible.
- Keep the camera stationary and positioned so your full body remains visible throughout.
- Do not use filters or heavy editing.
- Please announce your name and age at the beginning of the video.

Submission Information

Online Audition Form [Click Here](#)

Please email the following to Director@carolinayouthballet.org

- Dance Résumé (optional)
- Headshot (optional)
- Video link (YouTube, Vimeo, Dropbox, or Google Drive)

Subject Line: Ballet NC Video Audition – Your Name

Selected dancers may be invited to participate in an in-person company class or virtual interview before final placement.

We look forward to viewing your audition and wish you the very best!

Annette Hagopian
Executive Director
Ballet North Carolina